

THE BAYAN POST

NEWSLETTER



INNOVATIVE. INSIGHTFUL. INFORMATIVE.
ISSUE #2 - OCTOBER 2016 (BREAST CANCER AWARENESS EDITION)

MESSAGE FROM THE EDITOR-IN-CHIEF



As we bid September farewell (and hopefully all its "first month of school" fusses and complications too), we see that October has arrived at our doorsteps.

Although this month holds different meanings and dates to many of us, I am particularly confident (and proud!) to say that Bayan's student body acknowledges that it is Breast Cancer Awareness month. While this is due to the many "Pink Days" and fundraising events that actively took place during the past years, spreading awareness of this disease amongst us, both younger and older generations, will always be of utmost necessity.

In honor of Breast Cancer Awareness month, we, the newsletter team, present this special edition of the Bayan Post. Alongside our typical content, this issue includes informative and motivational articles, all tied together with a pink ribbon.

Hope you have a good read, and see you next month!



-DANIA BIN HUWAIL, EDITOR-IN-CHIEF

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MEET AND GREET: TEACHER EDITION

BY: JOOD AL SHIRAWI
GRADE: 11



Since we have to be in school five days a week, you might as well know what is going on! What better way is there than to read all about it in the school events column?

As primary students, we'd come back home to our loving parents and tell them all about what happened in school. They'd ask about our homework assignments and help us complete them. As we grew older, we no longer needed to rush to our parents and recite all our homework and assignments to them; their trust in us grew, and they don't need to supervise our studying anymore. They expect that by now, we are capable of working on our own, as we have become responsible young adults. However, as a result of our newfound independence, parents can become distanced from our school life.

To keep our parents in the loop, Bayan hosts an open house every year to invite them to come to the school and interact with the teachers. Meeting the teachers provides them with the chance to ask about any questions they may have while also learning about the material that will be covered over the course of their child's school year. However, this year, there was an added bonus for the parents: they were given the opportunity to explore the brand new science building!

This year's open house, or community night, started out with all the parents

gathering in the foyer, where there were a few refreshments and copies of the Bayan Post newsletter set out on a table. Then, they all filed into the new multipurpose hall, which has been fully transformed for this event: it had rows of white couches, decorative flowers, and gold-plated coffee tables. After a few short speeches, the parents visited all their children's teachers in their individual classrooms.

Open houses may seem insignificant and unnecessary to some people; however, such events allow parents to step into their children's world. For a few moments, they are the ones sitting at the desks, staring up at a teacher, and taking in the stream of information that is being conveyed. After the Bayan community night, parents can be assured that they are paying for high quality education, and can go home satisfied that they are choosing the best school for their children.



BAYAN'S BALLAD

BY: YASMEEN YAQOOBI
GRADE: 11



The hobbies segment aims to showcase the wide range of various talents within the unique student body that comprises Bahrain Bayan School. Think of it as a less gaudy talent show.

The incessant banging on various objects by a small child is definitely viewed as annoying by many, but to young Abdulrahman al Tamimi, it was the beginning of his passion for music. He began seeking inspiration from mundane objects, finding rhythm in the most unlikely of things.



For the sake of everyone involved, Abdulrahman moved on from drumming on random objects to playing on percussion apps on the iPad. Here, he first started experimenting with different sounds and musical combinations. Yet again, he upgraded his methods of music and finally got an actual percussion kit, where he had free reign to play whatever he wanted. That eventually led to lessons where he was highly praised for his natural sense of rhythm. Having an actual kit allowed him to play different songs, and he soon found out he had an affinity and a special liking to rock, jazz, and soul. These genres of music spoke to him, for he is a musician that plays with his ears and little regard to strict compositions and notes. His hands guide him around the percussion kit with no thought, letting his soul and musical ears speak for themselves. His obvious love for music drove him to try other instruments, but nothing clicked quite as well as drumming did.

record and edit his own music. He tries to make his music as diverse as possible by adding the classic, almost rustic feel of the drums to the modern sounding electronic keyboard, which creates a unique harmony and unity between the opposing instruments. However, all this high-tech equipment certainly does not stop Abdulrahman from beating on the school desks in order to create a new beat, or just because he likely feels bored.



POSITIVELY PINK!

BY: ZAIN AL SAKHI

GRADE: 11



The social awareness segment of the Bayan Post aims to address a host of worldwide issues in hopes that the message delivered is not only heard, but also remembered.



Now, an 11th grader, Abdulrahman likes to dabble in experimental rock, where his own composing skills really come into action. He has begun to start writing and playing his own musical compositions; therefore, he tries to frequently update his electronic equipment so that he can properly

Many are aware that October is Breast Cancer Awareness month, an annual campaign that alerts and educates people on this serious disease. Unfortunately, it seems as if people's initial attitude to breast cancer is that, as long as it's not happening to them right now, it's never going to happen, but breast cancer can hit anyone of any age and any gender. It is crucial to know that every 19 seconds, someone in the world is diagnosed with breast cancer, and every 74 seconds, someone dies from it. These numbers are not just statistics, but are proof of the patients' long strenuous fights, some of which have ended with defeat.

In case of diagnosis, early detection is the best scenario, since 98% of women who detect and treat breast cancer early experience positive results. It's time to be



proactive, so first, educate yourself about this disease and then help spread the word by encouraging the people you care about to get checked (after doing so yourself). Thankfully, due to developed medical technology, it's really easy to find any trace of cancer. Monthly self-exams, attention to breast changes, medical exams, and annual mammograms are all great ways to observe overall health. So don't let a loved one become another statistic, because it's better to be safe than sorry.



Breast cancer is an afflictive battle and a life changing experience that has physical, mental, and emotional outcomes. At one point, a lot of those diagnosed with breast cancer believed love is crippled, faith is corroded and hope is shattered. Thus, people should acknowledge this sensitive topic around breast cancer patients because this disease can't just go away with sheer will. Similarly, it is not supportive if people focus on the pink marketing culture instead of the actual goal in finding a cure. It is not a holiday that should be celebrated and glamorized because that would conceal the harsh, devastating effects of breast cancer, leaving people ignorant and misinformed about the disease. Instead, we should support the fighters, admire the survivors, and honor the taken.

INNER CONFLICT

BY: ZAIN AL BASTAKI

GRADE: 12



A flawed human being writing about the beauty of the chaos that is within all of us; bringing silent broken voices to life on paper because maybe when we realize we're not alone in suffering, we can find peace.

What do you do when the war is inside of you? When you're in the center of a bloodbath and the burning red showers are all your own? When the weapons are your thoughts and the men behind the rifles are voices echoing in the hollows of your head? The wounds and scars are nothing but tears you blink back all day and let go when you're on your own.

I wish I could tell you that it gets easier. We all need that reassurance, but the truth is that we just aren't that simple and, you know what? That's the beauty of us. We are so wonderfully complex that we can house a number of different opinions in one vicinity. You'll have bad days, but you'll also have days that will make you forget about them: the days when you can mute the voice and listen to your soul. You will cry sometimes, but you'll also laugh so hard that the happy tears will wash all the bad ones away. And there will come a time when you will break, you'll lose your voice trying to silence them, and it will hurt. You'll smile and laugh, but you'll do it cause you don't want anyone to worry. Keep fighting. I promise you that you're stronger than any voice inside you. You'll be okay.

Like I mentioned in last month's article, I want you to realize that you're not



alone. However, sometimes we tend to look at others and might feel selfish for being upset when we have so much more than they do. Please don't. Your emotions are as true to you as theirs are to them and you too are allowed to feel.

May our universal human experiences bring us together and help us heal. Have an amazing day Bayanees!

For next month, I want to hear from you. Email me your story or a topic you want me to write about at zain.albastaki@gmail.com



"SUH DUD"

BY: ABDUL AZIZ AL KHAN
GRADE: 11



People are idiots, but I am not a person... enjoy, I guess. (Editor's note: the opinions expressed in this column reflect the author's own views and not the newsletter's as a whole).

They say evolution is good, and that any form of progress is good progress. To be fair, they kind of do have a point, right? We as humans are prone to adaptation to our surroundings. If it rains, we get umbrellas. If it's cold, we wear a jacket. If it's hot, we dress accordingly. Everything has to change to suit whatever is going on around us. So if all of these forms of progression are good, then why doesn't the same thing apply to language?

As more social media platforms emerged in the last few years, the English language has been getting butchered, as if it were a chunk of commercially grown

meat that was bred to be sold in one of those organic supermarkets where only hipsters go to shop. The language that was once a thing of beauty is slowly becoming the home of the most illogically assembled words and phrases to ever exist! Now, to properly understand the issue at hand, we need to look at the root of the problem.



So stay with me, because now is where it starts to get weird. Acronyms have been around for a long time. Now, they aren't bad, as they can save a person from a lot of hassle (for example, NASA). It's the more modern use of acronyms that's getting on my nerves. Now, this may not be an issue to most people, but again... stay with me.

Here's a small list of acronyms that are the physical incarnations of cringe:

- LOL
- ROFL
- SMH
- TTYL
- YOLO
- Etc. (yes, this too)

Now, to be fair, an argument can be made about how much sense these acronyms make, but ask yourself this: do you ever literally roll on the floor laughing? At least I don't.

Another major cause of my hatred towards planet Earth is the invention of memes. Memes can be funny... I'll admit it,



but stuff that originate from Vines such as “suh dude” and “yaasss” make me want to pack up my things and move to Mars where I’ll spend my remaining years growing potatoes out of whatever people would use to grow potatoes in Mars. Seriously people, are you too busy with your troublesome teenage lives to pronounce one extra letter?! How does what started off with “how are you doing” eventually become “suh dud”, anyway? I was fine with what’s up, even ‘sup, but suh..? I get that humor exists, and that people enjoy different things, but that will not stop me from judging you if you think Vines are funny. In fact, I apologize to you if you don’t have a higher, or even average understanding, of how memes are deteriorating the English language, because that probably means you are wrong.

This problem isn’t just about English; it’s much more than that. Now, don’t get me wrong, humanity is not dead, but all forms of logic are. People are ditching books to watch reality shows. People are supporting political figures based on their horoscope signs. People are referring to themselves as “it” because they do not wish to be labeled with a gender. Now, do you see anything familiar here? Bingo... it’s PEOPLE. People will always do stuff that would make you want to bash your head against the wall, but why don’t you do that? Well, I’ll tell you why; it’s because there is a small fraction of people in this world that aren’t cringe, that do believe in a thing called logic, and most importantly, don’t make you question how they are even allowed to speak. As rare as these people are, they exist, trust me. In fact, you are reading the words of one of them right now. So if you’re ever feeling hopeless or lost in this world, just remember, there’s always light at the end of the tunnel.

THE COMPANY YOU KEEP

BY: ZAINAB KHALAF

GRADE: 11



Cheesy advice is what you're getting. From improving school grades to organizing your life, we have it all. There's nothing like getting advice from a junior with no idea about anything...right?

Friends and teachers can go a long way when it comes to school. Make sure to surround yourself with people who encourage you to work harder and to finish all your work; surroundings have a bigger effect that one realizes. Don’t be afraid to ask for help in your times of need; teachers and classmates are there to help you and there isn’t any shame in admitting that you don’t comprehend something.

On the contrary, teachers appreciate students who ask for help as it shows them you’re determined and that you care, so be open to feedback. You can always consult a friend and/or teacher on different methods to study and choose what you believe is the best fit for you according to what type of learner you are*. When you happen to miss a day of school, be sure to ask your friends about assignments that you missed to complete; being absent is not an excuse for incomplete work and will set you back.

For juniors who are new to IB, like myself, you should: 1) Ask the seniors about their experience and what subjects they feel are the most demanding, 2) Consult teachers about your subjects and how to go around them, and 3) Search online about the program and understand more about how to successfully meet its standards.



Finally, It's easy to compare yourself to someone that seems to be good at everything and whose grades are just about perfect, but it's imperative to realize that not everyone is the same and that you can do a lot better when you challenge and aim to succeed for yourself.

**If you're interested in what type of learner you are, you can take this short quiz to find out: (<http://www.educationplanner.org/students/self-assessments/learning-styles-quiz.shtml>).*



UNIVERSITY EXPECTATIONS

BY: BASEL AL JISHI
CLASS OF 2016 ALUMNUS



I bet you thought you'd seen the last of me. I write about stuff that include, but are not limited to, personal opinions on universities and their time-consuming application, as well as cool engineering stuff I come across.

The university experience may sound quite overwhelming. Besides the tons of assignments due the next day, there are projects to complete, concepts to practice, and classes to attend, which are conveniently as far away from each other as possible (Seriously a 15 minute walk). However, you still need to be able to manage your own life; there's no nanny to take care of your daily needs. You need to make your bed, make your own food, clean the room, actually get to the campus on your own, and lots of other inexplicable things such as laundry.

Your university life does not even stop there. You need to find yourself a social life, a new set of friends, and events to go to. But how do you even manage time to go to that

“Anime Club”, write that (overdue) “Bayan Post” article, or even buy groceries? Well, it will be pretty hard for the first week or so, but you would be fine after completing your endless shopping spree.

But even above all of that, you will immediately find out that the university campus is quite huge, unlike Bayan's where you can get to your classes in less than 5 minutes. Thus, you would easily get lost. You might not be able to find your classes or end up having two conflicting classes, in which case you will need to inform your teacher to change the time of the class or compensate for it. And even when you reach class just two minutes after it starts, you might not be let in; the lecturer would lock the door and pay his attention to the 200 students in front of him instead.



As a final word, you will find out that, in university, a lecturer is not a teacher, but rather a means of getting information, as they do not follow you around until you hand in an assignment, or call you for a session to teach you something if you do not understand it. Thus, responsibility and independency are vital to getting through your student life.

University really is a completely different experience, but it comes with loads of perks and fun to what may be called by many, “the best years of your life”.



FIVE STRANGE THINGS YOU DIDN'T KNOW COULD CAUSE CANCER

BY: SALEM BIN HUWAIL & FATIMA JANAHI
GRADE: 12



The environmental segment aims to give students insight into local and global issues that threaten our environment, as well as a retrospect of day-to-day habits that harm their health. P.S. you better recycle this newsletter when you're done.

We all know that particular things, like smoking cigarettes, could cause cancer. However, there are many other unconventional things that have been linked to cancer, some of which are ordinary products we use daily! Therefore, rather than discussing cancerous chemicals to the environment, we took a different direction and compiled a list of the five strangest causes of human cancers we could find:

1. Mascara:

You read that correctly, girls! Mascara, among other beauty products, contains preservatives called parabens, which prevent bacteria from growing inside the products' bottles. According to the Breast Cancer Fund, parabens have been directly linked to breast cancer.



2. Night Shifts

As if night shifts weren't bad enough, apparently they pose significant health risks too, including cancer. According to the World Health Organization, there has been a substantial increase in breast cancer among women who worked the night shift. This is because night shifts can disrupt our natural bodies' clocks, sleeping patterns, and can deregulate some of our genes.

3. Sitting Around For Too Long

Yup, we know there's nothing you like to do more than sitting around all day, but we're here as the bearers of bad news. Researchers from the American Cancer Society have found that women who spend 6 hours or more of free time sitting per day have a 10% greater risk of getting cancer than those who spend less than three hours of free time sitting per day.

4. Sweetened Beverages

If a tasty drink seems too good to be true, *it probably is*: sweet-tasting sports drinks, iced teas, and sodas that are mysteriously devoid of calories often contain chemicals, artificial colorings, and artificial sweeteners. According to a study published in Cancer Epidemiology, Biomarkers & Prevention, these drinks have been associated with an increased risk of developing different types of cancer. *Water for everyone!*

5. Grilled food

In what may be the biggest barbecue buzzkill E-V-E-R: the grilled food you thought was healthy could actually be a potential source of cancer. According to the National Cancer Institute, cooking beef, chicken, and fish at high temperatures can lead to the formation of chemicals that can heighten your risk of certain cancers when ingested.



MENTAL DISORDERS ≠ YOUR DAILY INSULTS

BY: NOORA ALHASHIMI & RAWANA AL DAJANI
GRADE: 12



Psychology is the science of the mental mind. Unfortunately, the Middle East does not place importance on its study and the role it has on our daily lives. In Psych for Dummies, we aim to educate the staff and students alike on the proper meaning of psychology. We never know, we might have a future psychologist in our hands!

- “You’re so bipolar”
- “I feel so depressed today”
- “Would you stop acting so crazy!”
- “You sound mental”
- “Bn6arshuk mstashfa elmyaneen”
- “I hate messes so much, I must have OCD”

These are all phrases you’ve surely heard or said at least once in your lifetime. You might think it’s okay to mention them, but it’s offensive to be mocked, with or without a mental illness. We understand that you may not use these phrases out of spite but because it has become a part of our dialect, leading us to ignore the actual meaning behind these words.

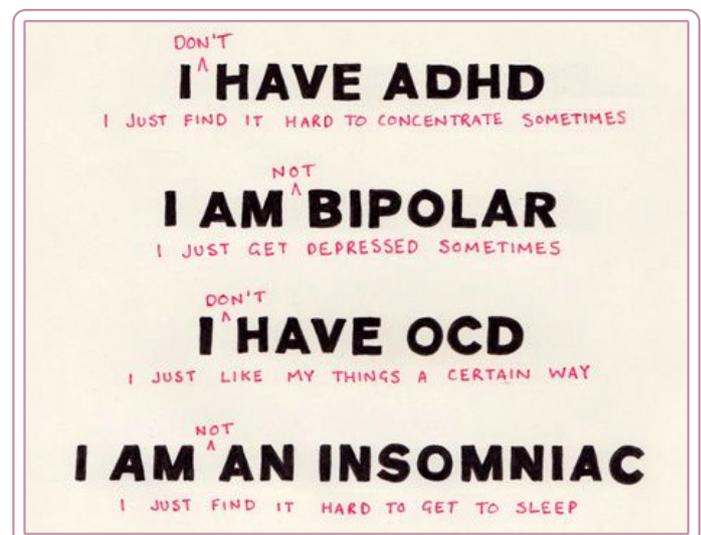
Can you imagine mocking someone with cancer or aids? Not really, because we were raised to acknowledge the insensitivity in doing so. Unfortunately, we are not taught the harms of the slang terms in the aforementioned, as we probably have even heard it from a parent, a teacher, or a friend.

After receiving more insight on the matter, we have decided to explain more elaborately on *why* it is not acceptable to use mental illness slurs.

It is vital to understand that mental disorders are very serious. When you equate someone’s behavior in a specific situation to a full-blown disorder, it’s simply inaccurate. And let’s not forget the self-fulfilling prophecy; when you keep telling someone that their traits signify a mental disorder repeatedly, like depression for example, the chances of them becoming depressed are higher.

Using these words as mere adjectives also align with the present stigma around mental disorders, which is that they are all in your head and that you choose to have them. To say that someone is being “bipolar” when they are simply having (probably hormonal) mood swings suggests that being bipolar is a characteristic we choose to have. Aside from the fact that this is untrue, it may also upset someone who is bipolar.

So, as mental illness slurs are on their way to becoming normalized, let’s try to prevent it from happening.





MISS PEREGRINE'S HOME FOR PECULIAR CHILDREN

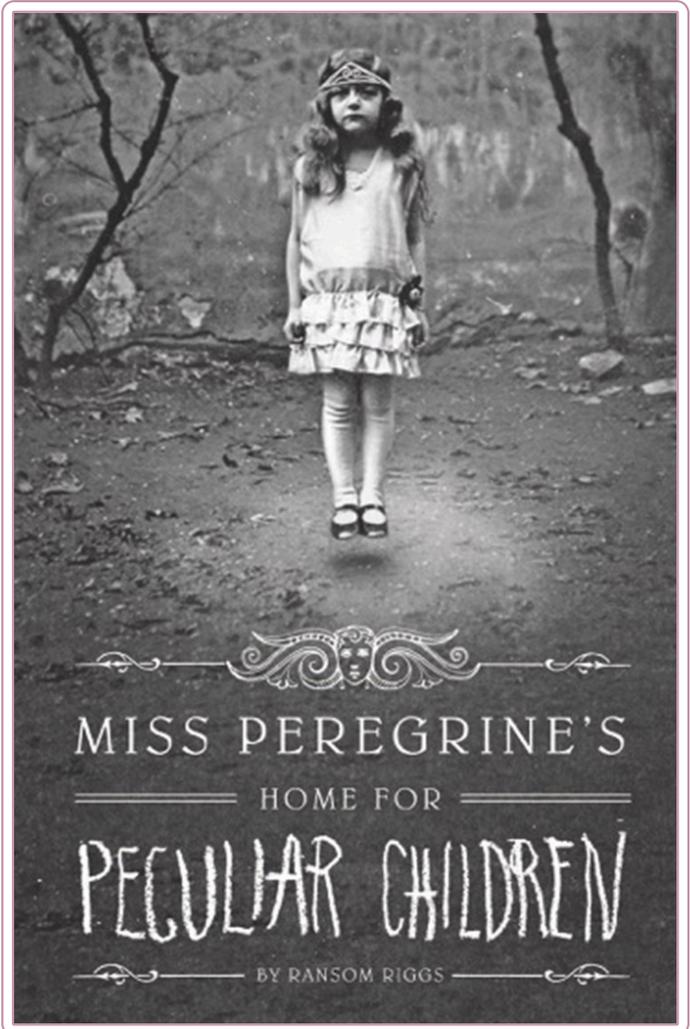
BY: ZAIN BUHINDI
GRADE: 11



Some books fill us with joy and glee, but some others are just a waste of time... Let these reviews aid thee in determining the ones in which to flee...

ultimately, Jacob missed the last opportunity he had to talk to his grandfather, before the latter's mysterious death.

Consumed by grief and regret, the youngest of the Portman's travels to the orphanage his grandfather lived in during the war to solve the case of his grandfather's sudden death. In this abandoned refuge, Jacob discovers curious pictures that make him realize that there is a fine line between fiction and reality.



It has become apparent to me that two people gazing upon identical objects can perceive them in entirely different ways. A notion that could be love for one is a fear for another; those who possess paranormal abilities are a miracle to some and an abomination to many. People who are considered too different from society are shunned and forced to live in isolation, and Abraham Portman knows the feeling of rejection too well.

Portman, Jewish refugee and World War II veteran, loved nothing more than to share the magnificent tales of his childhood with his grandson Jacob every night before bed. Stories so supernatural and intriguing that you could not help but get hooked; all you wanted was to learn about the Cairnholm house and its time defying occupants.

Unfortunately, as Jacob grew older, he started detaching himself from what he believed to be tales that were merely a damaged man's escape from a damaged past. Jacob entered a world of reality, in which the most phenomenal event was making it through the day. Acting according to his parents' advice, he dodged any attempts his grandfather made to contact him and

Every so often a book comes along that is pure magic, and Miss Peregrines' Home for Peculiar Children is one such book. Ransom Riggs has successfully managed to transfer his ideas from mind to text in a manner so compelling, the reader can't help but wonder: *what happens next?*



I HOPE YOU HAD THE TIME OF YOUR LIFE

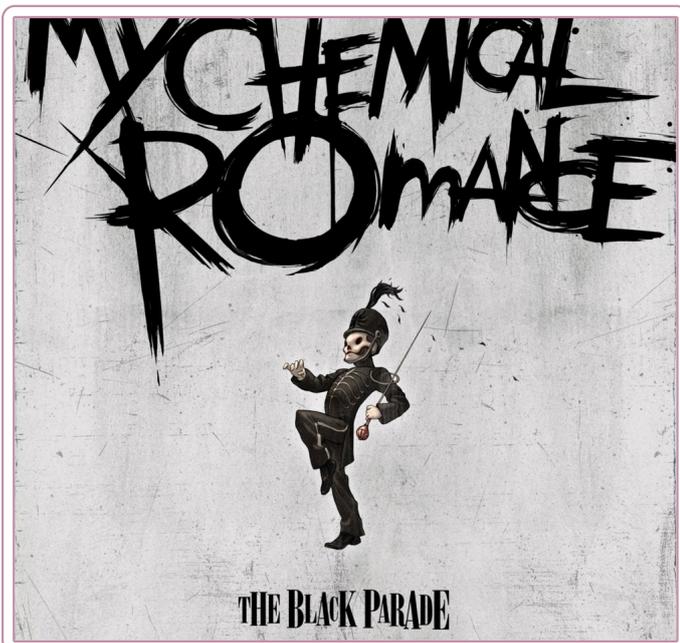
BY: ZAIN ALI
GRADE: 11



Your monthly top 5 playlist recommending some songs I particularly enjoy! The playlists will often be as diverse as possible in order for everyone to find a song that fits their tastes.

1. Cancer - My Chemical Romance

While this song lacks the motivational rave this playlist was intended to contain, the song fits in perfectly with this month's cancer awareness theme. The song is told in a first person point of view of a cancer patient, and offers a glimpse of the fear and hardships cancer patients face without downplaying the patient's suffering and pretending that everything will be okay. It depicts cancer the way it is; raw, painful, and lonely. Yes, this song is depressing, but it's also a beautifully heart wrenching song that showcases the hard reality of cancer instead of using euphemisms to soften an inevitable blow.



2. Warrior - Demi Lovato

This song brings out your inner strength, making you believe that nothing will take you down. Lovato's usually strong voice shakes with emotion, showing that sliver of weakness that reminds us of humanity, but despite that weakness it still showcases strength and pride. Lovato's vocals reflect our own feelings when we listen to this song, in which we feel that sense of pride, strength, and refusal to let anything take us down.

3. Good Riddance - Green Day

This acoustic track is filled with bouts of nostalgia, and though it does not talk specifically of cancer, it does talk of something that comes unexpectedly and results in an end. It's also a reminder to enjoy your time, and even though you might feel down sometimes, that does not mean you can't have some fun and make some memories and have the time of your life.

4. On Our Way - The Royal Company

This single is an energetic and triumphant track, with a lightheartedness that reminds us of our youth and our energy. It reminds us to shine and to fight and to achieve our dreams, and is full of enthusiastic chanting and hand clapping that pumps you up!

5. Don't Stop Believin' - Journey

This anthem can be summarized by the theme of running away from "it". However, contrary to the vague theme, the message of the song is incredibly straightforward: don't stop believing. This message correlates to the song's theme by not directing its message to someone, but to anyone. It extends to the "small town girl" and "city boys" and motivates us to keep moving and dreaming and hoping and believing.



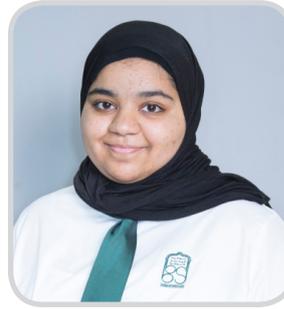
وآله، ولكنها أبت إلا أن تتزوج من النبي بعد ما أن عرفت عن ما لديه من الأخلاق وصدق وأمانة. بعد زواجها من النبي، درت عليه المال الوفير من أجل نشر الإسلام ورايته. كما كانت السيدة تاجرة شريفة طاهرة، وكانت أمينة. وعند وفاتها، جزع النبي لشدة المصيبة ولفراقها.

ختاماً، ونحن في هذا الشهر وهو شهر أكتوبر المتسم بالشجاعة، علينا أن نذكر شخصيات شجاعة كهذه لنقتدي بها، والسيدة خديجة خير مثال على الشجاعة والكفاح والتضحية.



القدوة المباركة

بقلم: رحمة ثامر
الصف: الثاني عشر

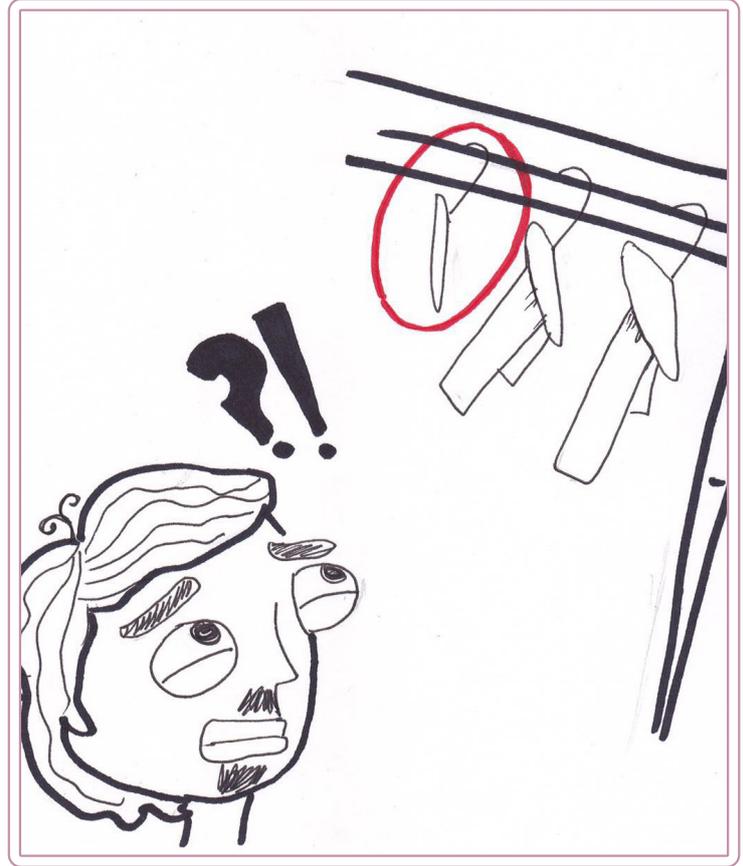


يهدف القسم العربي من مجلة بيان البحرين إلى توعية طالب البيان بشؤون عاداته وتقاليده البحرينية وكذلك العربية، وبالتالي فإن كاتبة المقالات تحث بأن المواضيع التي تكتبها بشكل شهري بإمكانها أن تلمس مشاعر الطلبة وتبعث روح الوطنية والولاء فيهم.

أمل بأن السنة الدراسية الجديدة لعام ٢٠١٦ و ٢٠١٧ قد تركت في نفوسكم ذكريات ومواقف لن تنسونها، فمننا من تعرف على صديق جديد، ومننا من تعرف على أستاذ وأستاذة تعلق به أو بها، ومننا من قد التقى بأصدقاءه بعد فراق الصيف لتجمعهم الذكريات والمواقف الحميمة. ولكن المبنى العلمي الجديد هو أكثر وأكبر وأحر حديث متداول على ألسن الطلاب والطالبات وأساتذة وأولياء الأمور وكل من يعرف مدرسة بيان البحرين النموذجية. فقد انتقل الطلاب إليه قبل بضع أسابيع والفروع والآليات العليمة قد بهرت الجميع، كما بهرتني.

في مقالتي الثاني لمجلة بيان البحرين النموذجية، قررت الحديث عن امرأة شامخة تمت ذكرى خالدة وهي القدوة في العفة والحنان، هي السيدة خديجة بنت خويلد سلام الله عليها. إنها من النساء التي ضحين في مناصرة الإسلام وفي سند الرسول صلى الله عليه وآله وسلم. إنها من نساء الجنة، إنها عظيمة، ولكن الأهم من ذلك أنها هي زوجة أعظم الخلق. أجل إنها سيدة جليظة عظيمة، فهذه المرأة انتفع الإسلام والمسلمون بها ومنها، لتضحيتها وكونها قدوة إلى النساء، كما بني لها المجد والمكانة الرفيعة في قلب التاريخ لما يشهد لها من مواقف نبيلة مع الرسول الأعظم صلى الله عليه وآله وسلم. إنها أم المؤمنين سلام الله عليها، فقال فيها المختار: ((ما قام ولا استقام ديني إلا بسيف عليٍّ ومال خديجة)).

يرجع نسبها الشريف إلى خويلد بن أسد القرشية وتلتقي بنسب الرسول في الجد الرابع، ولها مكانة عظيمة في الإسلام، فهي أول من آمن بالرسول صلى الله عليه وآله من النساء. كانت تعتبر من أغنياء الجزيرة العربية في زمانها، ولها رحلات إلى الشام تجارية المغزى، وكان الرجال يتمنون زواجها قبل أن تتزوج من النبي صلى الله عليه وآله وسلم.



BY: ALYA AL QASSAB
GRADE: 12

