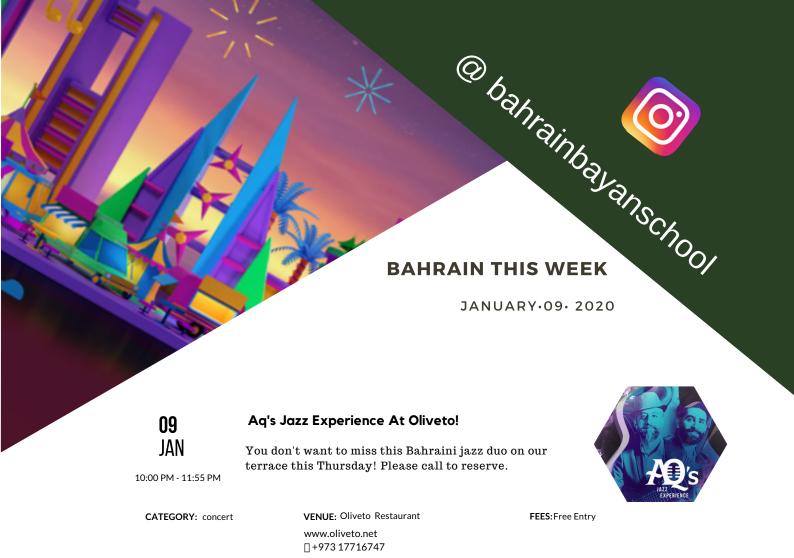


INFO BOX



10 Jan

7.30pm-8.30pm

Full Moon Yoga At Four Seasons Beach

Head down to the gorgeous white-sand beach at the Four Seasons to greet the full moon. Take the pace down, reconnect, reflect and relax with a yoga session under the bright night sky.

CATEGORY: well being

FEES: BD6 for spa members and in-house guests and BD9 for visitors.

11 Jan

8:00 AM to 2:00 PM

Budaiya Farmers Market

Bahrain Farmers Market targets promoting Bahrain's agricultural products and highlighting the development taking place in Bahrain's agricultural sector. It also aims to contribute to improving the Bahraini farmers' income through a marketing system prepared by the Agriculture and Marine Resources to assist in meeting the farmers' aspirations.



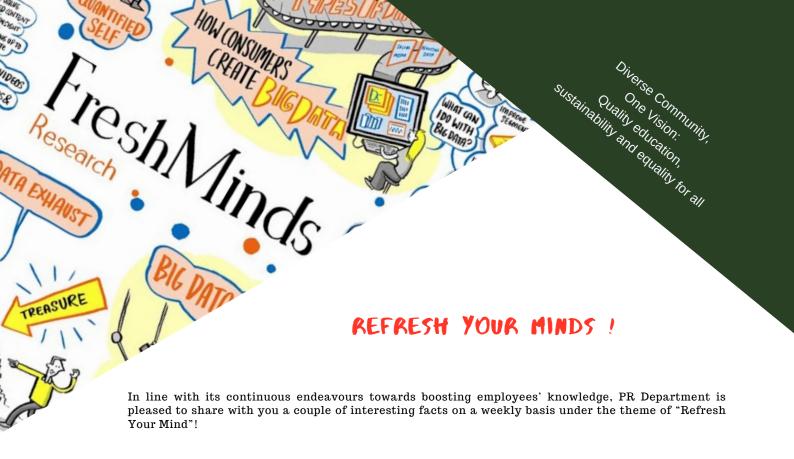
CATEGORY: market

VENUE: budaiya botanical garden



FEES: Free Entry
Every Saturday

#Note:



CINEMA WORLD

GONE WITH THE WND

"Gone with the Wind" was immensely popular when first released in December 1939. It became the highest-earning film made up to that point, and held the record for over a quarter of a century. When adjusted for monetary inflation, it is still the highest-grossing film in history. The film was placed in the top ten of the American Film Institute's list of the top 100 American films since the list's inception in 1998. The owner of the film "Turner Entertainment Company" estimated its adjusted earnings at \$3.3 billion in 2007.



WID LIFE



BLUE WHALE'S HEART BEATS

For the first time, researchers have managed to record the heart rate of the largest animal that has ever lived on planet Earth, the blue whale by placing electronic sensors on its body. When diving, the whale's heart slowed to 4 - 8 beats per minute and a minimum of two beats per minute. When the whale was at the bottom of the ocean feeding, that heartbeat raised 2.5 times more than the minimum, and then gradually slowed again. When it rose back to the surface and breathed in oxygen, the whale increased its heart rate to 25 - 37 beats per minute, a rate that is "near the estimated maximum heart rate possible".

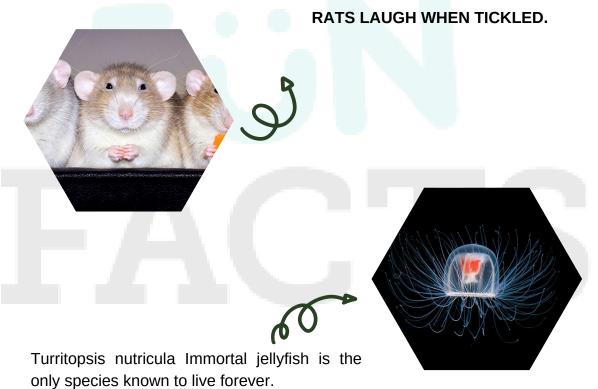
TRAVEL DESTINATION

NORTHEAST GREENLAND NATIONAL PARK

Northeast Greenland National Park is the world's largest national park and the 9th largest protected area. Established in 1974 and expanded to its present size in 1988, it protects 972,000 km2 of the interior and northeastern coast of Greenland and is bigger than all but 29 of the world's 194 countries. It was the first national park to be created in the Kingdom of Denmark and remains Greenland's only national park.









No events for this week

Preschool Events	Athletics
Primary Events	Annual Events
Middle School Events	Holidays
 Secondary School Events 	Other
Faculty/Staff Events	

BIRTHDAY WISHES

On behalf of the Bayan Community, we wish you a year full of health, success,love and happiness!

Magdi Mohd Hassan Medani	09/01	
Rose Halili <mark>De Guzman</mark>	09/01	
Safa Mirza <mark>Abdulla Ah</mark> med	09/01	
Dorothy Lov <mark>eland</mark>	10/01	
Ebtisam Mohd Maroof	11/01	