

DECEMBER

3RD ISSUE

THE BAYAN POST

دام عزك يا وطن



A MESSAGE FROM THE EDITOR-IN-CHIEF

Dear Stallions,

The Bahraini National Day is a crucial holiday that allows us Bahrainis to recognize the rich tapestry of our culture and heritage. It is a time to celebrate our history, traditions, and the collective achievements that have shaped our nation. As we gather with friends and family, we reflect on the values that unite us and honor those who have contributed to our journey.

Let us take this opportunity to embrace our identity, share our stories, and foster a sense of pride in being Bahraini. Whether through traditional music, food, or community events, each moment is a chance to celebrate who we are and where we come from.

Wishing you all a joyful Bahraini National Day!

Kind regards,
Fatima Al Kuwari, Editor-in-Chief





**IN HONOR OF THE
BAHRAIN NATIONAL
DAY MONTH, WE
ASKED OUR MEMBERS
WHAT THEY ARE
GRATEFUL FOR ABOUT
BAHRAIN....**

HERE'S WHAT THEY SAID:

HESSA BIN THANI



The National Day of Bahrain. In the photo, I am proudly holding the Bahrain flag; this moment symbolizes my sincere relationship with Bahrain, a bond forged through dedication, hard work, and a commitment to representing my nation on the global stage. Carrying the flag is a reminder of the values and spirit that Bahrain instills in us, motivating me to strive for excellence while honoring my heritage. Happy National Day, Bahrain! Hope to continue celebrating achievements and the rich culture of our beautiful nation.

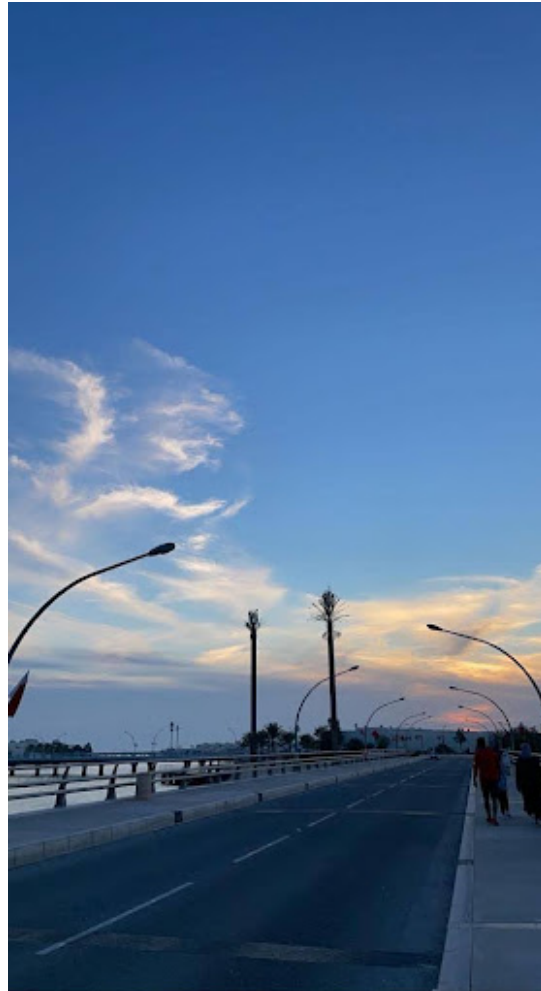
HAMAD MUBARAK AL KHALIFA



Bahrain has carved a remarkable legacy in the world of horse riding, showcasing its deep-rooted equestrian heritage. Renowned for its love of Arabian horses, the kingdom has excelled in both endurance racing and international equestrian competitions. The Bahrain Royal Equestrian and Endurance Federation (BREEF) plays a pivotal role in promoting the sport, with Bahraini riders achieving significant victories in regional and global endurance championships. Notably, Bahrain's equestrian teams have earned accolades for their skill, determination, and sportsmanship, reflecting the nation's passion for horse riding. This dedication underscores Bahrain's commitment to preserving its cultural traditions while excelling on the global sports stage.

Today, this legacy thrives as Bahraini riders excel in endurance racing and international equestrian events, bringing honor to their nation. Through the efforts of the Bahrain Royal Equestrian and Endurance Federation (BREEF), the kingdom continues to celebrate its equestrian roots while achieving global recognition in the sport. As we commemorate Bahrain's 53rd National Day, let us take pride in the traditions and achievements that unite us. Happy National Day, Bahrain! Dam3zk YaWa6n!

SABA SANGOOR



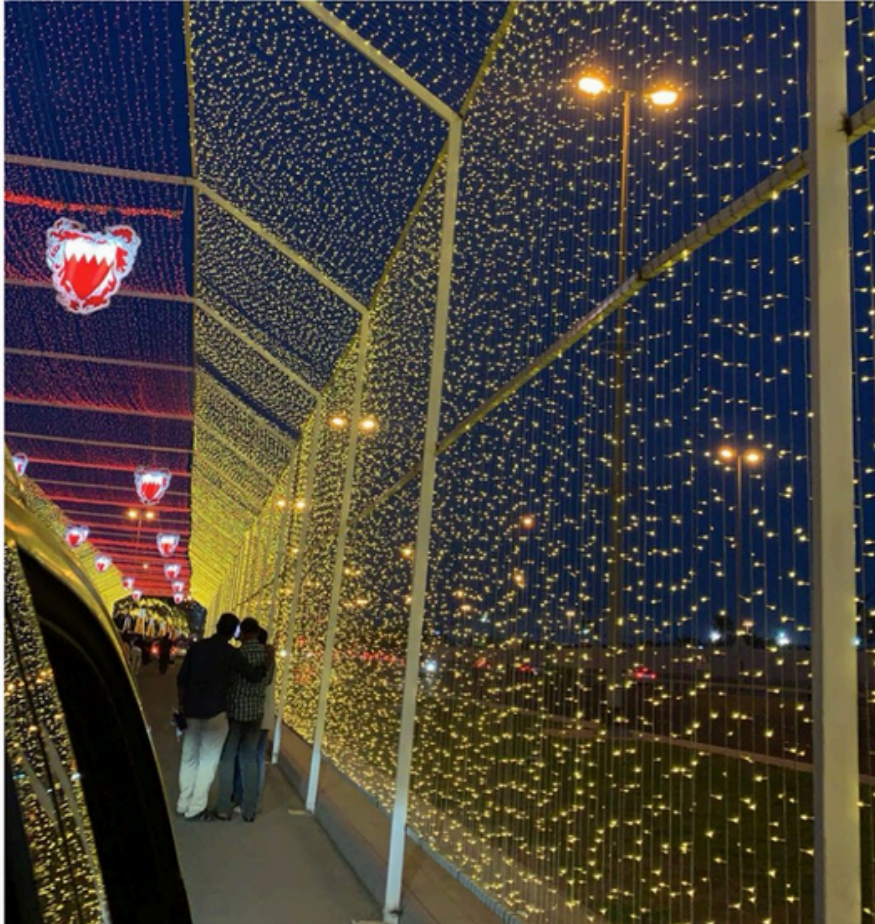
The photo above was taken recently in Durra during a beautiful sunset. As the national day approaches, the vibrant colors in the sky reflect the spirit of celebration and unity, making it a perfect backdrop for this significant occasion. The peaceful setting invites reflection on our national identity and joy as we embrace the traditions ahead.

TALEEN AL MOHRI



This image of me in Bahraini traditional clothes is special because it reflects my connection to Bahrain's culture and history. The clothes remind me of my roots and the importance of our traditions. Wearing them makes me proud of where I come from and the heritage that shapes who I am.

JOOD ALHASHEMI



Bahrain has, and always will be my home. I'm forever grateful for the life I have here and wouldn't trade it for anything.

FARAH JANAHI



We love Bahrain because it's given us the best friends we could ever ask for and memories that we can cherish forever!

DHABYA ALMANNAI



I'm grateful to be raised in a country where family is important and everyone around you is supportive of you and your goals. I will forever call Bahrain home ♥

TARIQ ALHAMMADI



I am grateful for this country for its numerous beaches and outdoor attractions.

MAYAN KHONJI



I grew up in Durra, a place filled with warmth and unforgettable memories in Bahrain. It became a cornerstone of my childhood. Durra will always hold a special place in my heart, I am thankful and full of gratitude for it.

ZAINAB ALYUSUF



I'm very grateful for Bahrain, especially for Durra. It's one of my favorite places because I grew up playing on its beaches and exploring its atolls. The memories I made there will always hold a special place in my heart.

DAREEN ABU RUMMAN



This photo captures a beautiful moment with my best friend Fatima, taken during one of our cherished December traditions: our school's carnival. Experiences like these truly highlight the magic of Bahrain, filling my heart with gratitude for the wonderful people and opportunities I've encountered here. As this is our final carnival as students, it holds a special place in my heart and I will always treasure the memories made. Wishing everyone a joyful National Day and I hope you all embrace every moment of your remaining school years!

HASAN ZAINALABEDIN



Winter drawing nearer is a reminder that national day is close. As we approach winter this year, I'm reminded to spend more time with family; to appreciate my culture with them and to be proud of my own identity as a Bahraini. Thank you Bahrain for being my one and dear home.

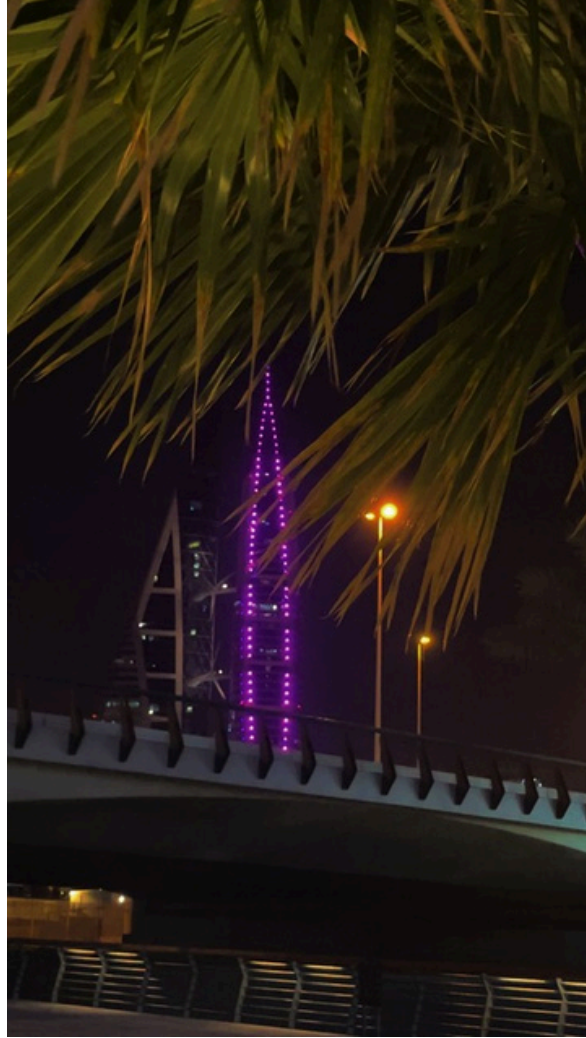
MAYAR BIN HUWAIL



As National Day is coming by, I wanted to share this photo of me taken in Turkey, wearing Thoub AlNashel (ثوب النشل), a traditional Bahraini dress known for its vibrant colors and golden embroidery.

It's a symbol of our culture and pride, often worn during celebrations. Holding the Bahraini flag in this moment reminds me of how much I love Bahrain and how I carry its spirit with me wherever I go. What I love most about Bahrain is the warmth of its people and the deep sense of community that makes it feel like home no matter where I am <3

MOHAMMED ALI



Bahrain's beauty is one like no other, while the weather isn't always the best it's beautiful scenery and sunsets are one that I will always appreciate. Along with the people that surround me that I could not be more grateful for, Bahrain has surrounded me with people I proudly say I love, and for that I will be forever grateful.

NOOR ABDULHAQ



This is an image of me viewing the Bahrain International Airshow for the first time. It signifies the endless adventures on such a small island, and the sky's the limit when you are in Bahrain. It captivates one of the many reasons that make me proud to be Bahraini and call this country my forever home.